



# ¡ALEGRÍA!

## Activity 1: What brings you joy?

Sonia wrote the song “Alegría” (Joy) after her mother told her that she was born with a smile on her face, and the memory of her as a baby smiling to her mother brings her joy. Make a list of the people, places and things you can think of that make you happy.

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## Activity 2: Draw your happy scene

How many of the things in your list above can you draw? Use the space below to draw as many of them as you can - and don't forget to draw yourself next to them!